



TRAINING PROGRAMS

CHILDREN'S PROGRAM

OPEN ENROLLMENT, AGES 2-8, FREE TRIAL CLASS!

The Children's Program offers an enriching selection of classes for children ages two to eight. These classes introduce the aspiring dancer to technical fundamentals, classroom etiquette and art form appreciation. Classes include Ballet, Creative Movement, Tap/Jazz, and Toddlers & Tutus.

SCHOOL TRAINING PROGRAM

OPEN ENROLLMENT, AGES 8-18

The School Program is our afternoon training option for beginning, intermediate, and advanced dancers ages 8–18. This program offers a focused environment for study outside of normal school hours, including both foundational classes and excellent advanced training for focused dancers.

YOUNG ARTISTS PERFORMANCE COMPANY (YAPC)

AUDITION ONLY, AGES 8-12

As a preparatory company, Vitacca Young Artists Performance Company cultivates young dancers in an enriching environment through both technical training and performance opportunities. Dancers are selected by audition and train/rehearse in the Vitacca Vocational School or Children's Programs.

LOCATED IN HOUSTON'S MONTROSE AREA AT THE CORNER OF DUNLAVY & FAIRVIEW

THE SCHOOL

Under the Artistic Direction of Kelly Ann Vitacca, the school's training programs are designed to push each dancer beyond their technical and artistic abilities. Created for the focused and driven dancer, Vitacca's programs offer the education needed to pursue dance as a career.

Vitacca provides children's, youth, teen, preprofessional, professional, and adult training opportunities, including an accelerated program for home-schooled students. Students aged two to eight are placed by age while students nine and up are auditioned and placed by knowledge, ability, and potential. The Vitacca curriculum combines advanced training in ballet, modern, and contemporary movement to set a strong foundation for healthy careers.

Among many achievements, Vitacca has been awarded: *Outstanding School*, Youth America Grand Prix (YAGP) in 2021, 2020, 2019, 2017, & 2016; *Outstanding Choreographer*, YAGP and *Senior Top 20 YAGP NY Finalist* in 2015, 2017, and 2019.

Vitacca dancers have been accepted into prestigious conservatories and professional companies including: The Juilliard School, Alberta Ballet Company, Sarasota Ballet, Ballet West Studio Company, Boston Ballet Trainee Program, Boston Conservatory Dance Program, Fordham University, English National Ballet Training Program, San Francisco Ballet Training Program, and Central School of Ballet, London.

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PRE-PROFESSIONAL PROGRAMS

AUDITION ONLY, AGES 11-19

The Accelerated Division is for home schooled dancers ages 11–19 interested in pursuing a professional career in dance. This includes daily technique classes, private coaching, industry mentorship, and weekly rehearsals, as well as competitive opportunities and a position within the Vitacca Studio Company. The Vitacca Studio Company is designed for advanced dancers (pointe work required) and offers performance opportunities, weekly rehearsals, group coaching sessions, and consideration for competitive events.

VITACCA BALLET PRO

AUDITION ONLY, AGES 17-22

Vitacca's professional program, Vitacca Ballet Pro, is an intimate, year-long training experience designed to support dancers seeking additional mentorship, training, and professional performance opportunities with Vitacca Ballet as they prepare to enter the job market. With a combined emphasis on artistic exploration and high level technical development, we foster our professional level dancers to become intelligent, creative, highly skilled contributors to the field. Vitacca Ballet Pro dancers rehearse and perform alongside Vitacca Ballet in apprentice roles.

BOYS BALLET PROGRAM

Vitacca School for Dance offers Houston a Boys Ballet Program with leading male faculty. Training includes: Boy's Ballet, Men's Virtuosity Class, Pas de Deux, and Coaching in addition to required technique classes.



RESIDENT ARTIST PROGRAM

The Vitacca Resident Artist Program (RAP) furthers our mission to stay current and grow with the ever-evolving contemporary and modern dance forms. Vitacca's RAP offers a holistic approach to dance training and artistic development through a personal and professional environment with leading dance professionals. RAP is designed to build relationships with influential industry professionals and bridge the gap between guest master teacher and student. Audition required.

ADULT & TEEN DROP-IN CLASSES

Vitacca offers Drop-In Classes for teens, adults, and professionals in Ballet and GYROKINESIS.

Single class payments and multi-class cards are available. Please check the website for current class offerings, rates, and details.

